

Ideas to Address Non-Communicable Diseases (NCDs)

- Providing arsenic-free water to arsenic affected areas.
- Research on progress recorded in terms of increasing arsenic-free water supply and the way forward.
- Raising awareness about the link between children's obsession with electronic gadgets and child obesity.
- Mandatory recreational space for physical exercise and activities in residential areas.
- Vaccination for adults to combat Chronic Obstructive Pulmonary Diseases (COPD).
- Motivating doctors to quit smoking to really inspire other patients.
- Raising awareness and strengthening on screening tests for cervical and breast cancers.
- Strengthen BSMMU's role in dealing with cervical and breast cancers.
- Provision of government fund for NCD research.
- Redesign curriculum for adolescent NCD education.
- Increasing counseling hours to detect addiction and to improve understanding of a patient's history.
- Adequate manpower training for cardiology.
- Specific excise tax on tobacco instead of the present slab system.
- Awareness raising of tobacco consumption and its NCD impact.
- Enforce anti-tobacco law.
- Reduce salt use at the cooking stage.
- Awareness on products' contents, in particular, salt proportions.
- Mandatory contents description on processed foods.
- Specific NCD programs for rural-urban adolescents.
- Scale up of detection of NCDs and how to sustain healthy lives through behavior change communication.
- Female Welfare Assistant (FWAs) to disseminate NCDs related information.
- Mobile, universal tests for screening breast cancers.
- More antenatal and neonatal care in Upazilas and Unions.
- Oral, cervical and breast cancer tests to be done in one place.
- Roll out cervical cancer vaccine.
- Raising awareness of rural health centers on NCDs.
- Create a national-level cancer database.
- Menstrual hygiene management initiatives to reduce cervical cancer.
- Mapping of existing comprehensive emergency obstetrical care (CEmOC) services to ensure access particularly for hard to reach areas.
- Raise awareness of community health workers (CHWs) on NCDs.
- All district medical colleges to engage in Upazila level NCD awareness, right down to Union Parishads.
- NCD screening tests for returnee migrant workers.

- Urban health centers to deal with internal migrants' NCDs.
- Impact of industrialization and unplanned urbanization on NCDs.
- Prepare comprehensive strategies for preventing and treating NCDs.
- Massive NCD health promotion and prevention efforts for changing people's attitudes and behavior.
- Programs for coastal belt people being affected by salinity (e.g. hypertension) and women in danger of pregnancy complications (e.g. eclampsia).
- Awareness on neurodevelopment disorders (NDDs) in districts and regions outside Dhaka.
- NDDs and autism should be equally prioritized.
- Campaign on Hepatitis B.
- Invest in multi-drug resistance TB.